



Five First Saturday

Devotional Prayers

The Five First Saturdays Devotion is a request made by Our Lady of Fatima. The Blessed Mother promised to assist at the hour of death with the graces necessary for salvation all who, as an act of reparation to the Immaculate Heart of Mary, on the first five Saturdays of consecutive months.

WHAT IS REQUIRED TO FULFIL OUR LADY'S GREAT PROMISE?

Each part of the devotion below should be made in a spirit of reparation to the Immaculate Heart of Mary, on the first Saturday of five consecutive months.

Go to Confession

Sister Lucy asked Our Blessed Lord: My Jesus! Many souls find it difficult to confess on Saturday. Will Thou allow a confession within eight days to be valid He replied:

Yes. It can even be made later on, provided that the souls are in the state of grace when they receive Me on the First Saturday and that they had the intention of making reparation to the Sacred Heart of Mary. - My Jesus!



Receive Holy Communion & Attend Vigil Mass

The practice of this devotion will be equally acceptable on the Sunday following the First Saturday when My Priests, for a just cause, allow it to souls

Say Five Decades of the Rosary

You can pray the Flame of Love of the Immaculate Heart of Mary Rosary & meditate on your chosen mystery of the rosary

(please see Mysteries Booklet, download the pdf document)

Keep Mary company for fifteen minutes meditating on the fifteen mysteries of the rosary

“ Without contemplation, the Rosary is a body without a soul”, wrote Pope Paul VI. In the Rosary, “ Mary constantly sets before the faithful the mysteries of her Son”, so that by contemplation “they will release all their saving power”. The Rosary is a compendium of the Gospel in which, in union with Mary, we “learn from her to ‘read’ Christ, to discover His secrets and to understand His message”
(Rosarium Virginis Mariae, 1, 11, 14).

This is in addition to the recitation of the Rosary. It is not required to meditate on all fifteen mysteries. To meditate on one or two is sufficient.

With the intention of making reparation to Me

You, at least, try to console Me. -Mary

Without this general intention, without this will of love which desires to make reparation to Our Lady, to console Her, all these external practices are worth nothing for the Promise



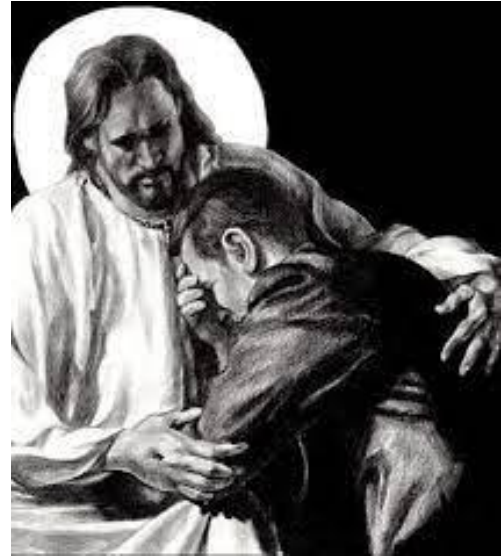
*5 First Saturdays
Fatima Prayers*

Act of Contrition Prayer

(From Compendium of the Catechism of the Catholic Church)

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

If you have missed attending the Confession you can pray the Act of Contrition but with the intention that you will Receive the Sacrament of Reconciliation as soon as you can.



Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already here, and unite myself wholly to You.

If you have missed attending the Holy Mass you can pray the Spiritual Communion Prayer with the intention that you will attend the Holy Mass as soon as you can.



*A Solemn Act of Consecration to the Immaculate Heart
of Mary Prayer*

Most Holy Virgin Mary, tender Mother of men, to fulfill the desires of the Sacred Heart of Jesus and the request of the Vicar of Your Son on earth, today we consecrate ourselves, our families, our communities, our land and our entire Nation to your Sorrowful and Immaculate Heart, O Queen of the Most Holy Rosary and we recommend to You, all the people of our country and all the world.

Please accept our consecration, dearest Mother, Mary Immaculate, and use us as You wish to accomplish Your designs in the world.



Closing Prayers

Litany of Our Lady of Fatima

Our Lady of Fatima, pray for our dear country.
Our Lady of Fatima, sanctify our clergy.
Our Lady of Fatima, make our Catholics more fervent.
Our Lady of Fatima, guide and inspire those who govern us.
Our Lady of Fatima, cure the sick who confide in thee.
Our Lady of Fatima, console the sorrowful who trust in thee.
Our Lady of Fatima, help those who invoke your aid.
Our Lady of Fatima, deliver us from all dangers.
Our Lady of Fatima, help us to resist temptation.
Our Lady of Fatima, obtain for us all that we lovingly ask of thee.
Our Lady of Fatima, help those who are dear to us.
Our Lady of Fatima, bring back to the right road our erring brothers.
Our Lady of Fatima, give us back our ancient fervor.
Our Lady of Fatima, obtain pardon for our manifold sins & offenses.
Our Lady of Fatima, bring all men to the feet of thy Divine Child.
Our Lady of Fatima, obtain peace for the world.

Act of Reparation for the First Saturdays of the Month

O Most Holy Virgin, and our Mother, we listen with grief to the complaints of your Immaculate Heart surrounded with the thorns placed therein at every moment by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart.



We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers and sacrifices for the offenses with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy towards us, that we may love God with all our heart on earth and enjoy Him forever in Heaven. Amen.

Prayers of The Angel

My God, I believe, I adore, I trust and I love You! I beg pardon for those who do not believe, do not adore, do not trust and do not love You!

Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly, and I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. And, through the infinite merits of the Sacred Heart of Jesus, and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



On May 29, 1930, Jesus said to Sr. Lucia:

“There are 5 ways in which people offend and blaspheme against the Immaculate Heart of Mary:

1. ***The blasphemies against the Immaculate Conception.***
2. ***Against her Virginity.***
3. ***Against the Divine Maternity, refusing at the same time to accept her as the Mother of all mankind.***
4. ***Those who publicly seek to instill in the children’s hearts, indifference, contempt, and even hatred against the Immaculate Mother.***
5. ***Those who offend her directly in her Sacred Images.”***



*Fifteen Promises of the Most Holy Mother of God
to Christians Who Recite the Rosary*

1. Whoever shall faithfully serve me by the recitation of the rosary, shall receive signal graces.
2. I promise my special protection and the greatest graces to all those who recite the rosary.
3. The rosary shall be a powerful armor against hell, it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things.
Oh, that souls would sanctify themselves by this

means.

5. The soul which recommends itself to me by the recitation of the rosary, shall not perish.
6. Whoever shall recite the rosary devoutly, applying himself to the consideration of its sacred mysteries shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the rosary shall not die without the sacraments of the Church.
8. Those who are faithful to recite the rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.
9. I shall deliver from purgatory those who have been devoted to the rosary.
10. The faithful children of the rosary shall merit a high degree of glory in heaven.
11. You shall obtain all you ask of me by the recitation of the rosary.
12. All those who propagate the holy rosary shall be aided by Me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
14. All who recite the rosary are my sons, and brothers of my only son Jesus Christ.
15. Devotion of my rosary is a great sign of predestination

Our Lady of Fatima -

“My daughter, look at My Heart surrounded with thorns with which ungrateful men pierce me at every moment by their blasphemies and ingratitude. You, at least, try to console me, and say that I promise to assist at the hour of death, with the graces necessary for salvation, all those who, on the first Saturday of five consecutive months go to confession and receive Holy Communion, recite five decades of the Rosary and keep me company for a quarter of an hour while meditating on the mysteries of the Rosary, with the intention of making reparation to me.”

The Five First Saturdays devotion, first revealed by Our Lady at Fatima on 13 July 1917, was requested on 10 December 1925, when the Blessed Virgin, appeared again to Sr. Lucia, together with the Child Jesus, who said:

“Have compassion on the heart of your most Holy Mother”



● What is required for the Devotion?

Each part of the devotion should be made with the intention of making reparation to the Immaculate Heart of Mary, on the first Saturday of five consecutive months.

- Go to confession – this can be up to 8 days before or after the First Saturday itself.
- Receive Holy Communion - on the day itself, in a state of grace, with the intention of making reparation as above.
- Recite five decades of the Rosary.
- Meditate on the mysteries of the Rosary for 15 minutes: this is not difficult, e.g. slowly read the Gospel account of the mysteries, or use a booklet on the Rosary.