
9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

AN URGENT CALL FROM THE VIRGIN MARY

An Introduction to the Novena

Dear brothers and sisters,

Here are three examples of messages in which the Blessed Virgin urges us to unite with her for the sublime mission of saving souls by blessing and protecting families.

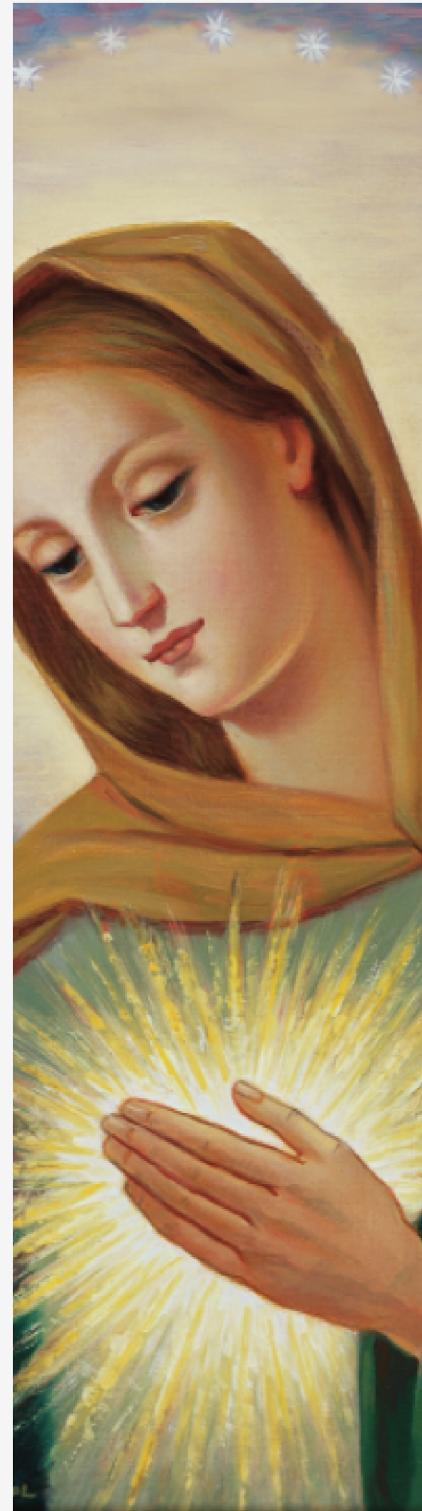
Mary: 'Enter into battle, we will be the conquerors. My Flame of Love will blind Satan to the same extent that all of you spread it around the world. Just as the whole world knows my name, so I want the Flame of Love of My Heart performing miracles in the depths of the hearts, also to be known.' (19 Oct 1962)

Mary: 'And I, the beautiful ray of dawn, will blind Satan. I will free this world darkened by hatred and contaminated by the sulphurous and steaming lava of Satan. The air which gave life to souls has become suffocating and deadly. No dying soul should be damned. My Flame of Love is already lighting up. You know, my little one, the elect will have to fight against the prince of darkness. It will be a terrible storm. Rather, it will be a hurricane which will want to destroy the faith and confidence of even the elect. In this terrible turmoil currently brewing up, you will see the brightness of my Flame of Love illuminating heaven and earth by the effusion of its effect of grace I am passing on to souls in this dark night.' (19 May 1963)

Mary: 'You must dedicate yourselves to blind Satan. The coordinated forces of the entire world are necessary to accomplish this. Do not delay because some day you will be called to account for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned, Satan will be blinded in as much as you work against him.' (27 November 1963)

The Virgin Mary has much more desire to help us than we do to be helped. By placing our trust in Her Immaculate Heart, we respond to her love by giving her great maternal joy. It is recommended to pray this Novena to overcome all particular problems; in your family and community, all the trials, the plagues and circumstances that are beyond our control.

During these nine days of the Novena, let us offer the Blessed Virgin any trial or sacrifice available to us, adding power to our prayers. Here are some examples: offering our day to God, visiting the Most Holy Sacrament, attending Holy Mass, making sacrifices, big or small, fasting etc. Let us be inventive in order to delight Mary and shape our efforts to our daily lives, which are so different from each other. God responds to the trusting prayers of His children. Then the blessings asked for will be granted to us. If one of our demands is not answered immediately, let us remain in peace, trusting God, because it means that God has something better and greater for us than that for which we asked. May this truth grow and become complete trust for us.



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9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

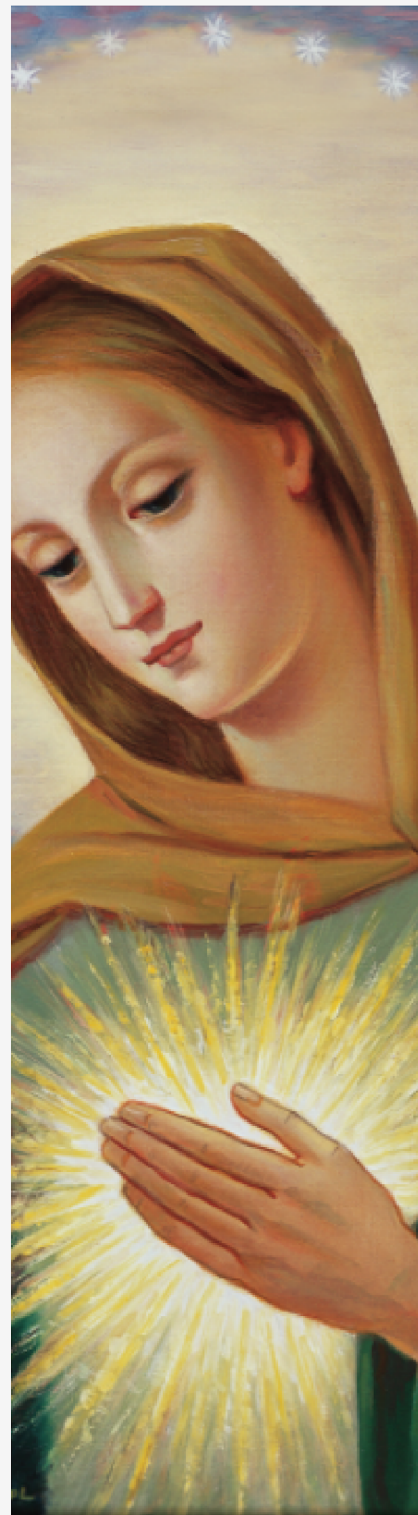
FEAST DAY 2 FEBRUARY (CANDLEMAS DAY)

INITIAL APPROACH FOR EACH DAY OF THE NOVENA

- Each day, before reciting the prayers of this Novena, we light a candle and begin by Making the Sign of the Cross Five Times while meditating on the Wounds of Our Saviour. (Sample Meditation found in Prayers for Each Day of the Novena)
- We pray for the Intentions of our Blessed Mother (Found in the reading for each day of the Novena on the following pages). We ask her for graces for each of our personal intentions. The most important thing is to live every step of this Novena with a generous, loving heart, with a living faith and a deep recollection.
- We take a moment to Acknowledge our faults and ask God's Forgiveness. (Offer an Act of Contrition Prayer - sample found in Prayers for Each Day of the Novena)
- We ask for the Outpouring of the Holy Spirit on all humanity for the salvation of souls. (Invocation of the Holy Spirit Prayer found in Prayers for Each Day of the Novena)

A GUIDE FOR PRAYING THE NOVENA

- Begin and end the Novena with Prayerfully Meditating on the Sacred Wounds of Our Lord Jesus Christ while Making the Sign of the Cross Five Times (pg 14)
- Prayer to the Holy Spirit (Pg. 13)
- Act of Contrition (Pg. 13)
- Prayer to St Michael the Archangel (pg14)
- Prayer of Consecration to the Sacred Heart of Jesus (Pg. 12)
- Prayer of Consecration to the Immaculate Heart of Mary (Pg. 12)
- Prayer for the Spread of the Flame of Love (Pg. 13)
- The Unity Prayer (pg14)
- The Flame of Love Rosary with Meditations



9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

DAY ONE

MARY'S WORK FOR THE SALVATION OF SOULS

"I am the servant of the Lord; may it be done to me according to Your Word!" (Luke 1:38)

These are Mary's words to the Archangel Gabriel in response to God's call to her. Like Mary, God has a plan for each of us and we must unite with the Flame of Love of her Immaculate Heart and follow her faithfully in her mission as Mother of the Church. She asks us to save as many souls as possible by our prayers and sacrifices.

Mary: "My little Carmelite, in the silence of the night, I want to speak with you. Pay attention to what I say but continue to rest. You know how my heart is immensely in pain. Satan is sweeping souls away in a terrifying way. Why do you not all try your best to stop him and do it as soon as possible? I need your help. My heart is burning with sorrow because I see how many souls are being damned. Many are dragged away in spite of their good will. With a sarcastic smile the evil one extends his arms with terrible malice, he drags away those for whom my Divine Son suffered unspeakable torments and death. Please help!" (14 May 1962)

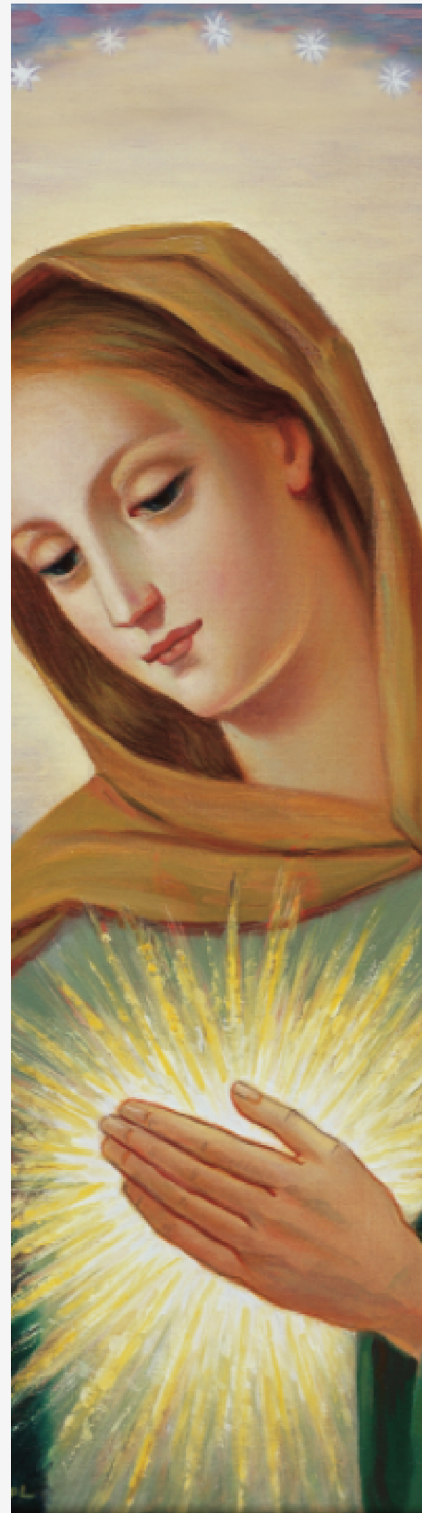
MOMENT FOR REFLECTION

- Do we desire to live as true Christians who care about the salvation of souls?
- How can we best collaborate with the Flame of Love of the Immaculate Heart of Mary in order to obtain the salvation of souls?
- Only we can change the terrible situation of the loss of souls. We can pray, united with the most Holy Trinity, with the combined intercession of the Most Holy Virgin, of all the saints and of those souls freed from purgatory by our prayers.
- Have we offered a night vigil of prayer to our Holy Mother?

INTENTION

We pray for the salvation of souls, for our own intentions and that of all those we carry in our hearts.

NOW PRAY THE DAILY NOVENA PRAYERS



9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

DAY TWO

A WAY TO SAVE SOULS

The actions of God's enemy, Satan, with his dark resources and demonic tricks seep into all levels: the denial of God, division in the family, immodesty and lust, abortion, occult rites, power and domination, money and the desire to possess more, wars, etc. What a comfort for us to fully receive and use the simple way offered to us by the Virgin Mary to obtain victory over evil.

Mary: "When you say the prayer that honours me, the Hail Mary, include this petition in the following manner: 'Hail Mary full of grace ... pray for us sinners, *spread the effect of grace of Thy Flame of Love over all of humanity*, now and at the hour of our death. Amen.'" (October 1962)

Mary: "I do not want to change the prayer by which you honour me; by this petition, I want rather to shake humanity. This is not a new prayer formula; it must be a constant supplication."
(2 February 1982)

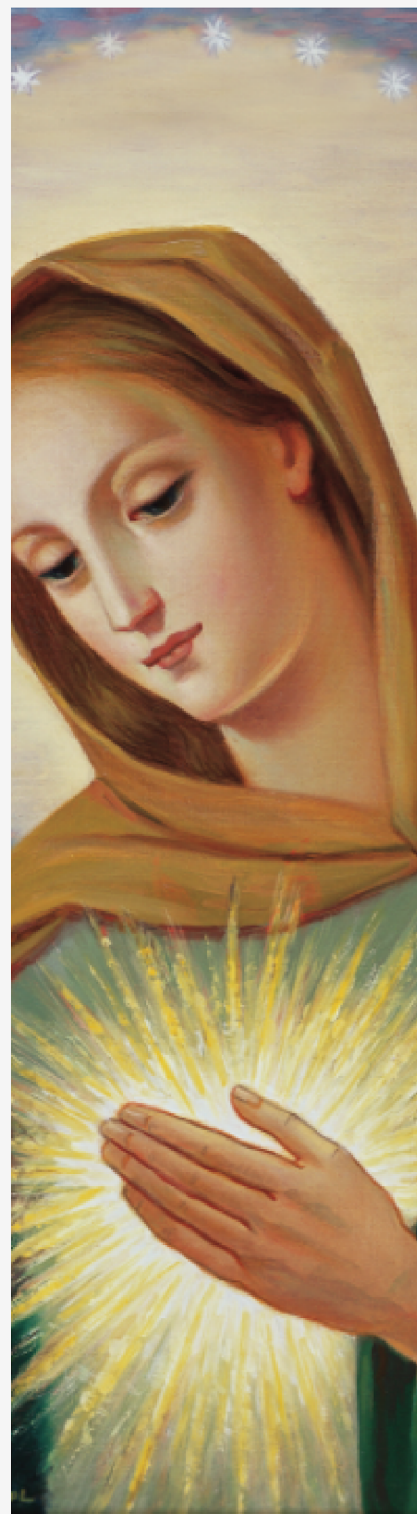
MOMENT FOR REFLECTION

- Do we confidently recite the Hail Mary by adding the powerful plea of the Flame of Love?
- Elizabeth Kindelmann's Spiritual Diary touches us and invites us to know the requests made by the Virgin Mary and Our Lord Jesus Christ to save loved ones and other souls. Do we take the time to read and meditate on it?
- What is our level of commitment to spread the Flame of Love of the Immaculate Heart of Mary and to obtain the salvation of people around us?

INTENTION

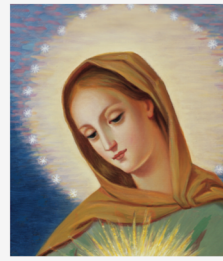
We recite as often as possible the prayers of the Flame of Love of the Immaculate Heart of Mary as a powerful means to save souls.

NOW PRAY THE DAILY NOVENA PRAYERS





9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY



DAY THREE

MARY AND HOLINESS

Humanity cannot be converted without the sanctification of each human soul, hence the obligation to decide for holiness. Jesus exhorts us to do so by saying, "You then, be perfect as your Heavenly Father is perfect" (Matthew 5:48).

There is no holiness without humility. Humility will always grow in the soul that is on its way to holiness. The more the soul humbles itself, the more holiness grows in it. From our humble confidence in God, springs the procession of all other virtues. Every moment of Mary's life was a continual Yes to God's will. For what? Because Mary is the humble one who, in total submission, accepted God's Will for her life; to be the Mother of the Saviour, to go to Bethlehem to obey the census edict, to welcome the prophecy of Simeon, to flee to Egypt, to see her Son die on the Cross, to witness His burial, etc. Let us observe Mary who takes jealous care to preserve humility in the heart of her messenger, Elizabeth Kindelmann and so protect her holiness.

Mary: "My little one, why did you try so hard? Why did you want to speak eloquent words on behalf of my Flame of Love? Keep before your eyes that you are destined for suffering. Remember also the words my Divine Son told you: '*Give yourself to suffering and sacrifice yourself ceaselessly.*' Your sufferings are not in vain, but it is not for you to worry about who understands my Flame of Love. Do not be surprised, my little instrument, that you cannot speak eloquent words. I am the one who acts and who enkindles the Flame of Love in the depth of hearts. I am the one who confused your words and darkened your mind. I did not want any pride in your soul. That would be a great fault. You, little instrument, be reasonable and totally humble. You are an instrument in our hands. We care for you and allow no sin to come close to you. Be careful in all your temptations. The evil one takes advantage of every situation to shake your humility." (17 December 1962)

Jesus: "With each beat of your heart repent of your sins. Make reparation and console Me. If your love decreases, turn to our Heavenly Mother and she will fill your heart with abundant love for Me. I am grateful to you because your heart suffers with Me, beats in Me. Never tire of contemplating My Sacred Wounds from which you will always draw strength. Offer yourself to the Eternal Father. Abide within the Most Holy Trinity. In temptations, flee under the mantle of our Mother, She will defend you from the evil one who will continually trouble you. I will be with you if you stay close to Me. No one and nothing will snatch you from Me." (4 to 7 March 1962)

MOMENT FOR REFLECTION

- Do we desire the peace that holiness brings? How will we achieve this?
- Do we guard and preserve the sanctifying grace we received at baptism?
- Do we faithfully love the UNITY PRAYER Jesus gave us in order to be united with Him at every moment of our lives and allow him to transform our hearts?

INTENTION

We renew our decision for holiness and we live each day in the grace of our baptism, always choosing good and renouncing evil.

NOW PRAY THE DAILY NOVENA PRAYERS

9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

DAY FOUR

MARY AND THE HOLY CROSS

The Virgin Mary was at the foot of the Cross of Jesus. She suffered terribly to see her Son die in such agony. Out of love for God and for us, she always accepted her sufferings because she knew the value of each of them and so she lived them, loved them and offered them as a gift to God for the salvation of souls.

Today, Mary accompanies us in our sufferings. By her example, she invites us to accept them with deep humility and immense love so that the Flame of Love of her Immaculate Heart may blind Satan with greater force. Then many souls will become healed and holy under the effect of its soft light and comforting warmth, so bringing us to participate in the work of salvation.

Mary: "In the course of your long struggles, I am now going to tell you why I chose you as the first to be handed the Flame of Love. You have yourself recognised that you are not worthy of this. This is the pure truth. There are many souls more worthy than you. However, the graces I have bestowed upon you and the sufferings you endure with such great fidelity have made you the chosen one ... I will tell you. Listen, my daughter, you are also the mother of a large family. Through your children you know all the pains and problems of a family. Many times you were close to falling beneath the cross of difficult trials and you still experience many sorrows over your children. Bearing such ordeal is meritorious for you and for any mother. (19 November 1962)

Jesus: "No matter how painful, accept this suffering. You are receiving graces that other souls would only receive over a period of several decades. Be very grateful for that. My Mother's Flame of Love is always compelling. I told you many times, you have been chosen as one of her most favourites." (1 August 1963)

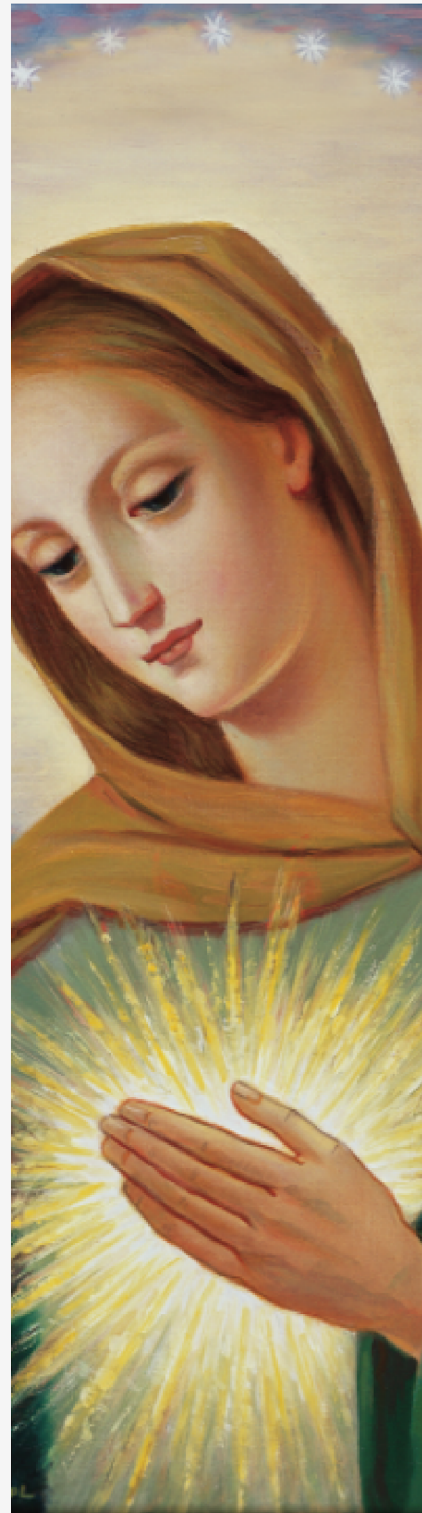
MOMENT FOR REFLECTION

- There is no true love without the cross of sacrifice. In trials, do we act on Mary's example and offer up our sufferings?
- Does our love for the Virgin Mary, for our family and for souls give us the grace to offer our sufferings for them?

INTENTION

May we accept our crosses every day with immense love in accordance with the Will of God.

NOW PRAY THE DAILY NOVENA PRAYERS



9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

DAY FIVE

MARY, MOTHER OF THE EUCHARIST

In saying her 'Yes' to God, Mary intimately contributed to the Incarnation of the Son of God. She brought the elements, so that the Body and Blood of the Saviour, that become present in the Eucharist, formed in her body. It was the first time that a human being received the Body of Christ. And we could say that Mary's visit to her cousin Elizabeth was the first procession with the Body of Christ. On her way to Elizabeth's house and return to Nazareth, Mary and the Most Holy One crossed the villages and fields that were blessed and sanctified by the Saviour. With what affection, what piety and delight Mary carried the Son of God in her womb! This sublime motherhood of Mary brings us to an intimate contact with Jesus when we receive Him in the Eucharist.

Let us contemplate with Jesus, His Holy Presence in the Eucharist and His holy desire to be united at all times with each of us!

Jesus: "My daughter, do not misunderstand Me. I will continue to be with you in Holy Communion. There, I will await your coming as I did today. Be loyal, do not seek consolations. Renounce yourself and love only Me. Let only the Holy Spirit of Love fill your heart. Love Me as an infant wrapped up in his white swaddling clothes. Seek Me like My Mother once sought Me among the crowd with an anxious heart. Wherever you are, rejoice because of Me! Think of Me when you need a helping hand. If you think you are in need of fatherly support, look up to the Eternal Father, and with the Holy Spirit, be immersed in our love." (20 April 1962)

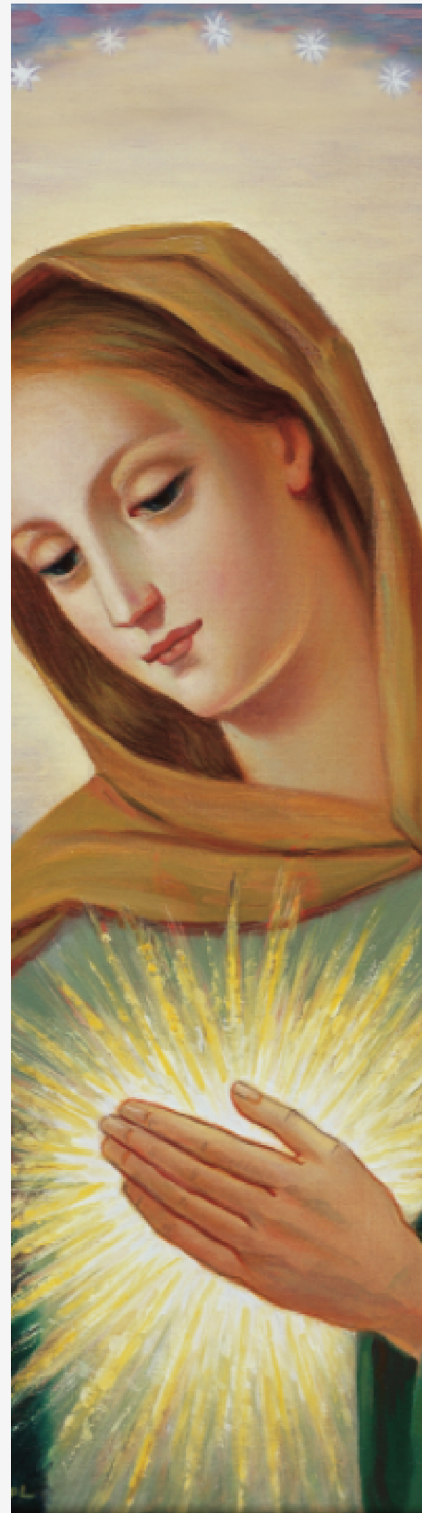
MOMENT FOR REFLECTION

- What place does devotion to the Virgin Mary and the Holy Eucharist take in our lives?
- Do we recognise the transformation that is taking place in our hearts through Holy Communion?
- Do we receive the Eucharist often, as the preferred way to be united with Jesus, and to sanctify ourselves?

INTENTION

We communion with Jesus as much as possible in the Eucharist and if we cannot do so, we receive Him Spiritually as often as possible in our hearts.

NOW PRAY THE DAILY NOVENA PRAYERS



9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

DAY SIX

THE FLAME OF LOVE OF THE UNITED HEARTS OF JESUS & MARY

The love that unites the Holy Hearts is infinite. The Eternal Father spreads the Spirit of Love of Jesus and Mary over humanity. If we love Mary, we love Jesus. A mother's heart is always united through time and space with her children. Let us ask God to enable us to love the United Hearts of Jesus and Mary with all the intensity of our souls.

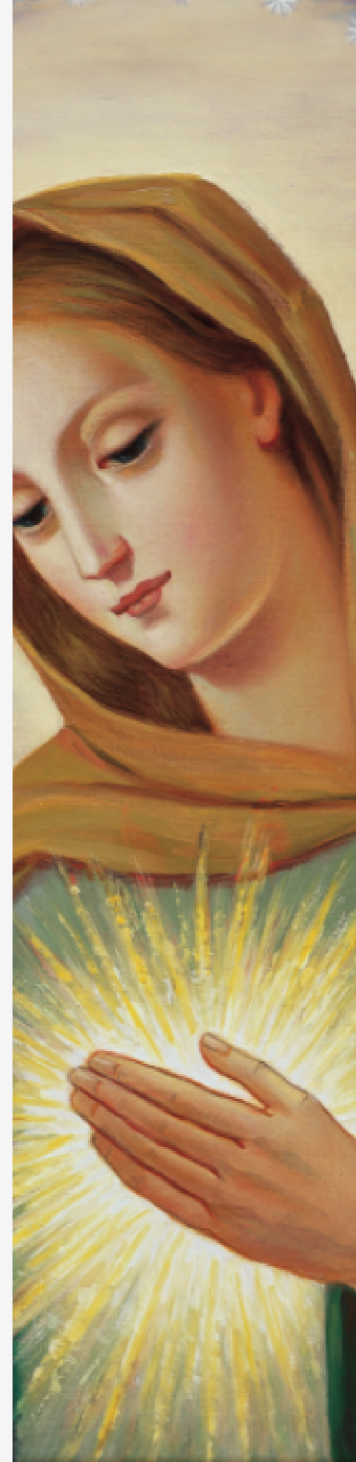
Jesus: "Love Me even more and with greater fidelity. Do not tire of hearing My continual complaints. I complain much, my little one, because so few listen to Me. I complain in vain to My consecrated souls. They do not enter into the intimacy of their own heart. If so, they would hear My laments. How greatly I need to tell them how to promote the coming of My Kingdom." (2 July 1962)

MOMENT FOR REFLECTION

- Do we pray to the United Hearts of Jesus and Mary for consecrated souls?
- Do we frequently console the two Hearts of Jesus and Mary with our choices for love and charity?
- The Flame of Love of the United Hearts of Jesus and Mary gives new meaning to our lives. Do we spread joy, enthusiasm and love to ignite the hearts of those people around us?

INTENTION

We will attend Mass for the Holy Hearts of Jesus and Mary on the First Friday and Saturday of the month as we are able.



9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

DAY SEVEN

MARY, NOAH'S ARK FOR OUR TIMES

We all live in times when we need comfort and relief from Heaven. Our refuge is Mary's Heart. From this Immaculate Heart springs the Flame of Love. Jesus explains very well that the Flame of Love is the Ark of Salvation for our time. He spoke to Elizabeth several times in this regard.

Jesus: "Because the Flame of Love of the Heart of My Mother is Noah's Ark." (Spring 1981)

Jesus: "My Immaculate Mother's Flame of Love is to you what the Ark was for Noah." (Spring 1981)

Noah's Ark foreshadowed the mission of the Virgin Mary to spread the Flame of Love and Jesus invites us to enter the ark and live His messages and those of His Mother. Since the Flame of Love saves us in these difficult and dark times, let us be united with the Flame of Love and offer Mary our greatest efforts to spread it like wildfire all around us, and across the world.

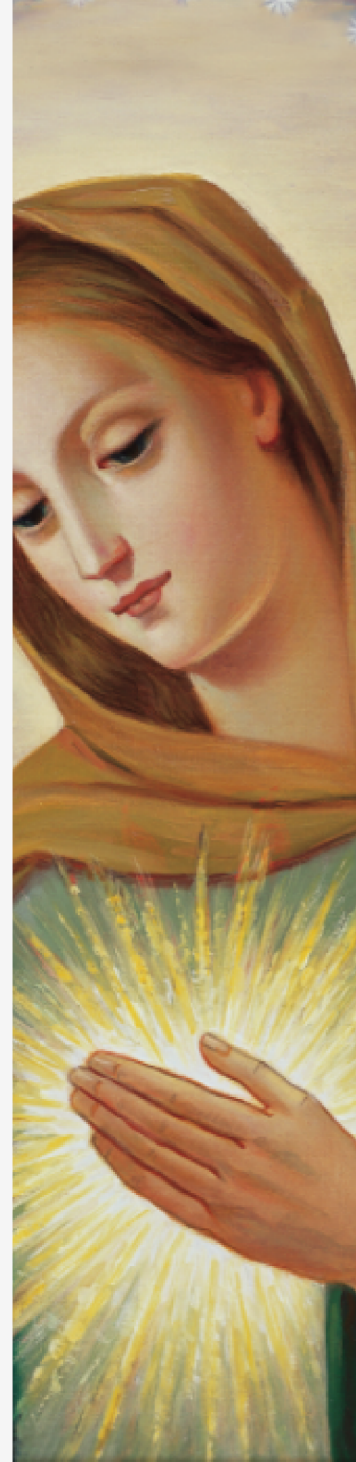
MOMENT FOR REFLECTION

- Are we aware that corruption must be opposed by sanctification?
- Do we realise deeply that the Flame of Love of the Immaculate Heart of Mary is the Ark of Salvation for our times?

INTENTION

Today we welcome the Flame of Love as the ultimate help for our rescue (and that of other souls) from danger.

NOW PRAY THE DAILY NOVENA PRAYERS



9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

DAY EIGHT

SPREADING THE FLAME OF LOVE IN MARY'S IMMACULATE HEART

The Flame of Love is a grace that Our Lady obtained from the Heavenly Father, on the merits of Jesus' Holy Wounds. Its effect is to blind Satan, preventing him from leading souls to sin. The Virgin Mary asks us to help her by spreading her Flame of Love throughout the world. She expects an urgent and generous response from each of her children.

Mary: "To whom, do you think, will I ask to render and account for having set up obstacles? If someone among you was to set up obstacles, defend my Flame of Love with all your might. You must dedicate yourselves to blind Satan. The coordinated forces of the entire world are necessary to accomplish this. Do not delay because some day you will be called to account for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned. Satan will be blinded in as much as you work against him." (November 1963)

Mary: "I assure you, my little one, that I have never before given into your hands such a powerful force of grace, the burning Flame of the Love of my heart. Ever since the Word became Flesh, I have not undertaken a greater movement than the Flame of Love of my heart who rushes to you. Until now, nothing could blind Satan so. It is up to you not to reject it, for this rejection would simply spell disaster." (1 August 1962)

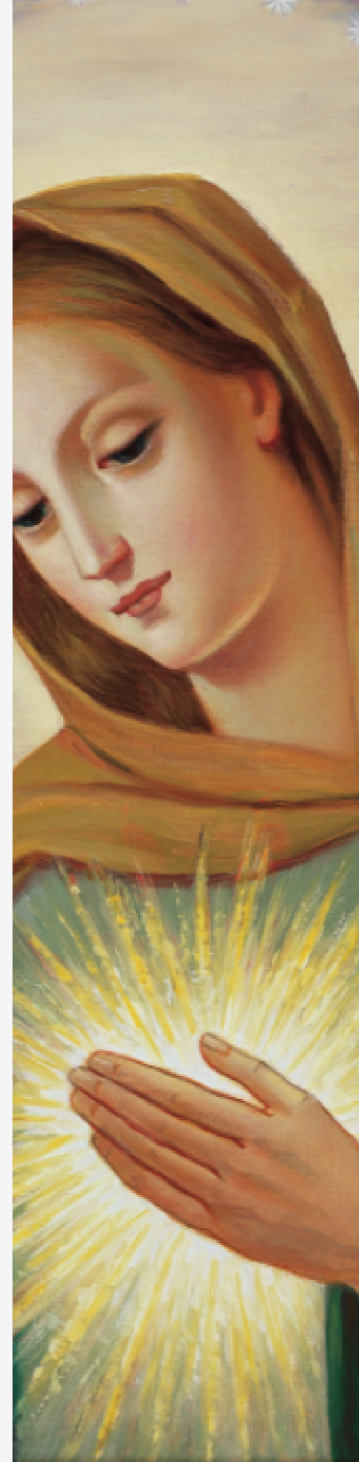
MOMENT FOR REFLECTION

- Do we give our best by collaborating with the Flame of Love Movement to fulfil the mission that the Virgin Mary has entrusted to us?
- What are we actually doing to make known the Flame of Love of the Immaculate Heart of Mary, and to offer comfort to our brothers and sisters in need?

INTENTION

By our union with Jesus, the Flame of Love, we become the 'Flame of Love' ourselves so that, above all, our example will make known the Movement of the Flame of Love and encourage as many people as possible to join it.

NOW PRAY THE DAILY NOVENA PRAYERS





9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY



DAY NINE

EVERY HOME, A SACTUARY OF THE FLAME OF LOVE

Today the devil combines all his efforts with a particular focus on family breakdowns and they are becoming more and more frequent. By destroying the family, all souls suffer. We must recognise the evil strategies that Satan uses to break up homes: the denial of God and lack of faith, lack of prayer, family routines, lack of dialogue, pride, jealousy, infidelity, pornography, anger, discouraging words, in short, all that breaks love. We must be vigilant to prevent this. We must release the weapon of the Flame of Love and the power of family prayer. 'For where two or three are assembled in my name, I am in the midst of them' (Matthew 18:20).

Jesus: "You know, this is where I prepared My Soul for the great Sacrifice, for the sufferings I endured for you. You also had to mature in the holy enclosure of the family. As if you were an orphan, it is in your home as a married couple that your soul was prepared for your great vocation, which could only mature in a family setting. I know your qualities and that is why My Divine Providence ordered everything to make you ready to communicate My message to the world. It is from the family sanctuary that all of you set out for the difficult struggles of life. It is to the warm solidarity of the family sanctuary that souls come back, after having strayed far. It is there that they come to find themselves and they once more return to God. It is necessary for you mothers to extend the warm understanding of your hearts to your children even once they have established their own homes. Great is the responsibility falling on you. Do not think that once a child has become an adult, they no longer need their parents. My Mother accompanied Me everywhere with her love, her sacrifices and her prayers, You must do the same, and I will bless your efforts, My beloved Mother obliges Me to do that. By Her powerful intercession, she obtained from Me for families this great effusion of grace, which she also wants to extend to the whole world, As She said, '*Nothing comparable to this has ever happened since the Word became Flesh.*'" (17 January 1964)

Mary: "Through you, my little Carmelite, I want all to know the anguish that springs up from the boundless love of my maternal heart because of the danger threatening the entire world by the disintegration of the family sanctuaries. I direct my maternal cry to all of you, and in union with you, I want to save the world. I allow you, my little one, to be the first to feel this immense effort I am beginning to deploy in order to blind Satan." (17 January 1964)

MOMENT FOR REFLECTION

- Do we pray for divided families with the Flame of Love?
- Have we dedicated our own family to the United Hearts of Jesus and Mary?
- Do we take the time to pray as a family, so that the Lord Jesus and the Virgin Mary may be at the heart of our home?

INTENTION

We turn to the Flame of Love to beg for mercy and forgiveness for our families; to obtain the healing of divided families and to release family members trapped by Satan.

NOW PRAY THE DAILY NOVENA PRAYERS

9 DAY NOVENA TO THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY

PRAYER OF CONSECRATION

TO THE SACRED HEART OF JESUS

Revealed to St Margaret-Mary Alacoque (1647-1690)

I (...) give and consecrate to the Sacred heart of Our Lord Jesus Christ, my person, my life, my actions, my pains and sufferings, so that I may be unwilling to make use of any part of my being save to honour, love, and glorify the Sacred Heart. It is my unchanging intention to be all His and to do all for love of Him. I renounce at the same time with all my heart whatever can displease Him. I, therefore, take You, O Sacred Heart, for the only object of my love, the protector of my life, the pledge of my salvation, the remedy of my weakness and inconstancy, the atonement for the faults of my life, and the secure refuge at the hour of my death.

Be then, O Heart of goodness, my justification before God the Father, and turn away from me the punishment of His just anger. O Heart of love, I put my confidence in You, because I fear everything from my own sinfulness and weakness. I hope for all things from Your mercy and generosity.

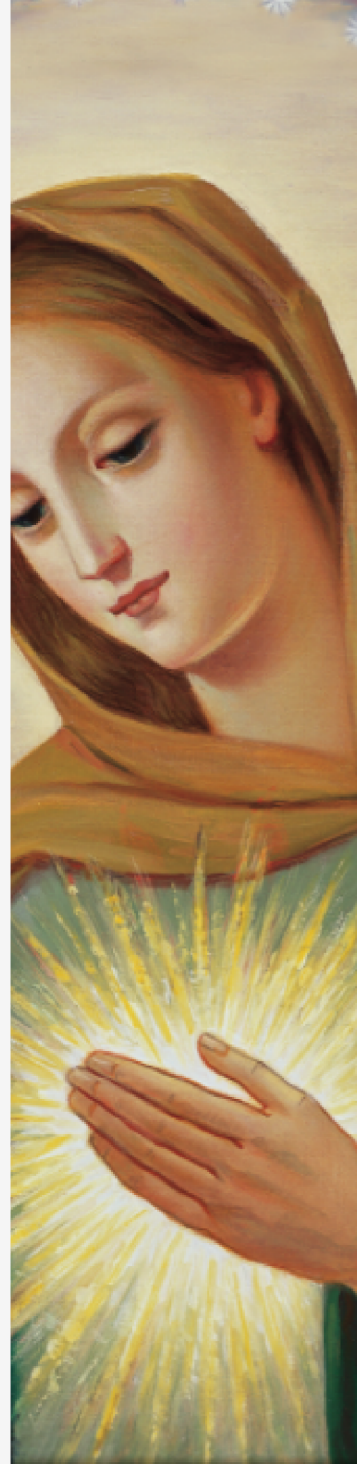
Destroy in me all that can displease or resist Your Holy Will. Let Your pure love impress You so deeply upon my heart, that I may never forget You or be separated from You. May my name, by your loving kindness, be written in You, because in You I desire to place all my happiness and all my glory in living and dying in very bondage to you.

PRAYER OF CONSECRATION

TO THE IMMACULATE HEART OF MARY

O Immaculate Heart of Mary, ever-filled with kindness, show us your love. May the Flame of Love of your Heart descend upon all people. We love you with all that we are. Instill true love in our hearts, that we may have toward you an unceasing devotion.

O Mary, who art meek and humble of heart, remember us when we are in a state of sin. By means of your motherly and Immaculate Heart, heal us from all our spiritual ailments and deficiencies. Grant that we may always see the kindness of your motherly heart and be converted by your Flame of Love. Amen.



PRAYER FOR THE PROPAGATION OF THE FLAME OF LOVE

BLESSED VIRGIN MARY,

OUR CHERISHED HEAVENLY MOTHER, YOU LOVE GOD AND US, YOUR CHILDREN, SO MUCH THAT YOU OFFER US TO YOUR DIVINE SON JESUS ON THE CROSS, TO FORGIVE US BY OUR HEAVENLY FATHER AND TO OBTAIN OUR SALVATION, SO THAT ALL THOSE WHO BELIEVE IN HIM DO NOT PERISH BUT OBTAIN ETERNAL LIFE.

WITH FILIAL CONFIDENCE, WE PRAY TO YOU, VIRGIN MARY, THAT WITH THE FLAME OF LOVE OF YOUR IMMACULATE HEART, KINDLED BY THE HOLY SPIRIT, YOU IGNITE IN OUR LANGUID HEARTS THE FIRE OF A PERFECT LOVE FOR GOD AND ALL HUMANITY, SO THAT TOGETHER WITH YOU, WITH ONE HEART, WE LOVE GOD AND OUR NEIGHBOUR.

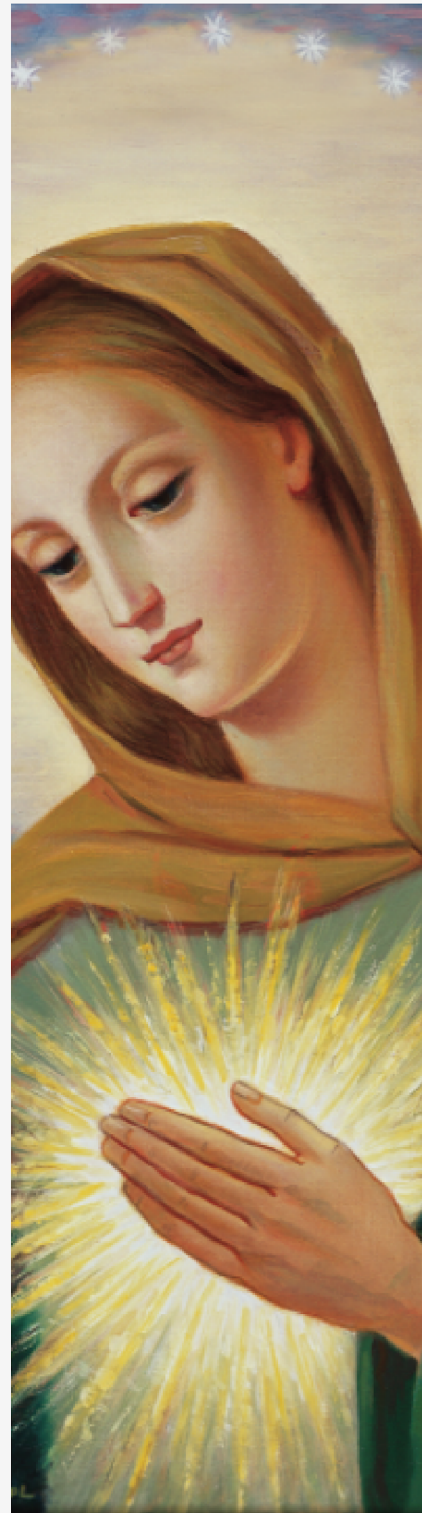
HELP US TO TRANSMIT THIS HOLY FLAME TO ALL PEOPLE OF GOODWILL, SO THAT THE FLAME OF LOVE EXTINGUISHES THE FIRE OF HATRED EVERYWHERE ON EARTH AND THAT JESUS, THE PRINCE OF PEACE, BE THE KING AND THE CENTRE OF ALL HEARTS IN THE SACRAMENT OF HIS LOVE ON THE THRONE OF OUR ALTARS. AMEN.

ACT OF CONTRITION

O My God, I am very sorry for offending you because you are infinitely good, infinitely kind and you hate sin. Forgive me by the merits of Jesus Christ, my Saviour. I resolve, by Your Holy Grace, not to offend you and to do penance. Amen

INVOCATION OF THE HOLY SPIRIT

Come Holy Spirit, come by means of the power of the Flame of Love of the Immaculate Heart of Mary. (3 Times)



THE UNITY PRAYER

My Adorable Jesus,

MAY OUR FEET JOURNEY TOGETHER,
MAY OUR HANDS GATHER IN UNITY,
MAY OUR HEARTS BEAT IN UNISON,
MAY OUR SOULS BE IN HARMONY,
MAY OUR THOUGHTS BE AS ONE,
MAY OUR EARS LISTEN
TO THE SILENCE TOGETHER,

MAY OUR GLANCES PROFOUNDLY PENETRATE EACH OTHER, MAY
OUR LIPS PRAY TOGETHER TO GAIN MERCY FROM THE ETERNAL FATHER.

AMEN



MEDITATION ON JESUS' FIVE WOUNDS WE REFLECT ON THE SACRIFICE OF LOVE
MADE FOR US AND, IN TURN, OFFER OURSELVES TO THE HEAVENLY FATHER
THROUGH ALL THE WOUNDS OF OUR SAVIOUR, JESUS CHRIST.

SUGGESTED VOCAL PRAYERS:

WE KISS THE WOUND OF YOUR SACRED LEFT HAND, WITH SORROW DEEP AND
TRUE IN REPARATION FOR OUR SINS AND THE SINS OF THE WHOLE WORLD (NOW
MAKE THE SIGN OF THE CROSS AND REPEAT FOR EACH WOUND...) SACRED RIGHT
HAND SACRED LEFT FOOT SACRED RIGHT FOOT SACRED SIDE AMEN

PRAYER TO ST JOSEPH

OH, SAINT JOSEPH, WHOSE PROTECTION IS SO GREAT, SO STRONG, SO PROMPT, BEFORE
THE THRONE OF GOD, WE PLACE IN YOU ALL OUR INTERESTS AND DESIRES. OH, SAINT
JOSEPH, DO ASSIST US BY YOUR POWERFUL INTERCESSION, AND OBTAIN FOR US FROM
YOUR DIVINE SON ALL SPIRITUAL BLESSINGS, THROUGH JESUS CHRIST, OUR LORD, SO
THAT, HAVING ENGAGED HERE BELOW YOUR HEAVENLY POWER, WE MAY OFFER OUR
THANKSGIVING AND HOMAGE TO THE MOST LOVING OF FATHERS. OH, SAINT JOSEPH,
WE NEVER WEARY CONTEMPLATING YOU AND JESUS ASLEEP IN YOUR ARMS; WE DARE
NOT APPROACH WHILE HE REPOSES NEAR YOUR HEART. PRESS HIM IN OUR NAMES
AND KISS HIS FINE HEAD FOR US AND ASK HIM TO RETURN THE KISS WHEN WE DRAW
OUR DYING BREATH. SAINT JOSEPH, PATRON OF DEPARTING SOULS, PRAY FOR US.
AMEN.

PRAYER TO SAINT MICHAEL, THE ARCHANGEL

ST MICHAEL, THE ARCHANGEL, DEFEND US IN THE DAY OF BATTLE, BE OUR PROTECTION
AGAINST THE WICKEDNESS AND SNARES OF THE DEVIL. MAY GOD REBUKE HIM, WE HUMBLY
PRAY, AND DO THOU, O PRINCE OF THE HEAVENLY HOST, BY THE DIVINE POWER OF GOD,
CAST INTO HELL SATAN AND ALL THE EVIL SPIRITS, WHO WANDER THROUGHOUT THE
WORLD SEEKING THE RUIN OF SOULS. AMEN